



*MILK w/ Breakfast, AM Snack & Lunch

*Water for PM snacks

Kid's World Learning Center 16210 West Rd Houston TX 77095 ~ 281-861-2588 www.KidsWorldCyFair.com

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 Breakfast: Cinnamon Toast & Berries Snack: Bananas & Graham Crackers Lunch: Hamburger on Whole Grain Buns w/Salad & Peaches Snack: Kiwis & Whole Grain Crackers</p>	<p>2 Breakfast: French Toast & Bananas Snack: Baked Multi Whole Grain Wheat Crisps & Apple Sauce Lunch: Hot Dog on a Bun, Green Bean & Pears Snack: Bananas & Whole Grain Goldfish</p>	<p>3 Breakfast: Whole Grain Life Cereal & Raisins Snack: Cheese & Whole Grain Crackers Lunch: Turkey Roll Up w/Salad & Mixed Fruit Snack: KWLC Snack Mix</p>
<p>6 Breakfast: Pancakes & Raisins Snack: Carrot's w/ Ranch & Whole Grain Saltine Crackers Lunch: Whole Grain Grilled Cheese, Mixed Veggies & Mixed Fruit Snack: Pretzels & Watermelon</p>	<p>7 Breakfast: Multi Grain Cheerios Cereal & Raisins Snack: Whole Grain Pizza Cheese Toast Lunch: Beef Spaghetti Pasta, Corn & Mixed Fruit Snack: Pretzels, Cantaloupe Inf-Tod: Apple Sauce & Whole Grain Goldfish Cracker</p>	<p>8 Breakfast: Cinnamon Toast & Berries Snack: Cheese & Whole Grain Triscuit Crackers Lunch: Homemade Cheese Pizza w/Mixed Veggie, & Mandarin Oranges Snack: Tortilla Chips & Salsa Inf-Tod: Veggie Sticks</p>	<p>9 Breakfast: Waffles & Bananas Snack: Honey Dew & Whole Grain Crackers Lunch: Classic Corn Dog, Carrots & Peaches Snack: Graham Cracker & Banana</p>	<p>10 Granola Cereal & Yogurt Snack: Whole Grain Ritz & Mandarin Oranges Lunch: Whole Grain Chicken Sandwich w/Salad & Mixed Fruit Snack: KWLC Snack Mix</p>
<p>13 Breakfast: Pancakes & Raisins Snack: Baked Multi Whole Grain Wheat Crisps & Apple Sauce Lunch: Chicken Nuggets, Peas & Applesauce Snack: Tortilla Chips & Salsa Inf - Tod: Veggie Sticks</p>	<p>14 Breakfast: Multi Grain Cheerios Cereal & Apple slices Snack: Whole Grain Saltine Crackers & Cheese Lunch: Homemade Beef Hard Shell Tacos, Corn & Peaches Snack: Graham Crackers & Orange Slices</p>	<p>15 Breakfast: Cinnamon Toast & Berries Snack: Whole Grain Cheese Toast Lunch: Chicken Patty Sandwiches, Green Beans & Mixed Fruit Snack: Banana & Whole Grain Gold Fish Crackers</p>	<p>16 Breakfast: French Toast & Bananas Snack: Celery, Sun Butter, Raisins Lunch: Chicken Penne Pasta, w/Mixed Veggie & Apple Sauce Snack: Kiwis & Whole Grain Crackers</p>	<p>17 Breakfast: Whole Grain Life Cereal & Raisins Snack: Graham Crackers & Banana Lunch: Turkey Sandwich w/Salad & Mixed Fruit Snack: KWLC Snack Mix</p>
<p>20 Breakfast: Pancakes & Raisins Snack: Kiwi & Pretzels Lunch: Whole Grain Grilled Cheese Sandwich, Corn & Peaches Snack: Orange Slices & Whole Grain Crackers Inf-Tod: Mandarin Oranges</p>	<p>21 Breakfast: Multi Grain Cheerios Cereal & Orange Snack: Apples & Whole Grain Crackers Lunch: Ravioli, Green Beans, Mixed Fruit Snack: Graham Crackers & Cantaloupe</p>	<p>22 Breakfast: Cinnamon Toast & Berries Snack: Whole Grain Triscuits & Cheese Lunch: Beef Sloppy Joe, Salad w/ Ranch & Pear Snack: Sun Butter & Apple Slices Inf-Tod: Apple Sauce</p>	<p>23 Breakfast: Waffles & Bananas Snack: Cucumber's w/ Ranch & Rice Cakes Lunch: Mac & Cheese, Mixed Vegetables & Apple sauce Snack: Kiwis & Pretzels</p>	<p>24 Breakfast: Granola Cereal & Raisins Snack: Strawberry Yogurt & Crackers Lunch: Chicken Roll Up, Salad & Mixed Fruit Snack: KWLC Snack Mix</p>
<p>27 Breakfast: Pancakes & Raisins Snack: Whole Grain Crackers & Apple Sauce Lunch: Chicken Nuggets, Peas, Mandarin Oranges Snack: Tortilla Chips & Salsa Inf-Tod: Veggie Sticks</p>	<p>28 Breakfast: Multi Grain Cheerios Cereal & Raisins Snack: Carrot's w/Ranch & Whole Grain Crackers Lunch: Turkey Melts, Broccoli & Mandarin Oranges Snack: Watermelon & Whole Grain Goldfish</p>	<p>29 Breakfast: Cinnamon Toast & Berries Snack: Bananas & Graham Crackers Lunch: Hamburger on Whole Grain Buns w/Salad & Peaches Snack: Kiwis & Whole Grain Crackers</p>	<p>30 Breakfast: French Toast & Bananas Snack: Baked Multi Whole Grain Wheat Crisps & Apple Sauce Lunch: Hot Dog on a Bun, Green Bean & Pears Snack: Bananas & Whole Grain Goldfish</p>	<p>31 Breakfast: Whole Grain Life Cereal & Raisins Snack: Cheese & Whole Grain Crackers Lunch: Turkey Roll Up w/Salad & Mixed Fruit Snack: KWLC Snack Mix</p>