

Keeping Infants Comfortable While Sleeping

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*Appropriate sleep sack for infants

1. Arm and neck openings sized appropriately for a safer fit.
2. Select a material that will not be too warm. Infants overheating is a SIDS risk.
3. Sleeveless to reduce the risk of overheating. (Room temperature should be comfortable for an adult clothed with lightweight material.)
4. Inverted zipper for easy changing.
5. Roomy sack promotes healthy hip development.
6. Sleepwear may never restrict an infants natural movements.

*Never "modify" a sleep sack. All sleepwear must be used in accordance with manufactures instructions.

Examples that are NOT appropriate for Licensed/Registered Child Care:



↑ This is considered Swaddling and is prohibited in Texas Child Care.

